

St Bernadette's Catholic Primary School

Child friendly Anti-Bullying Policy



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P urpose

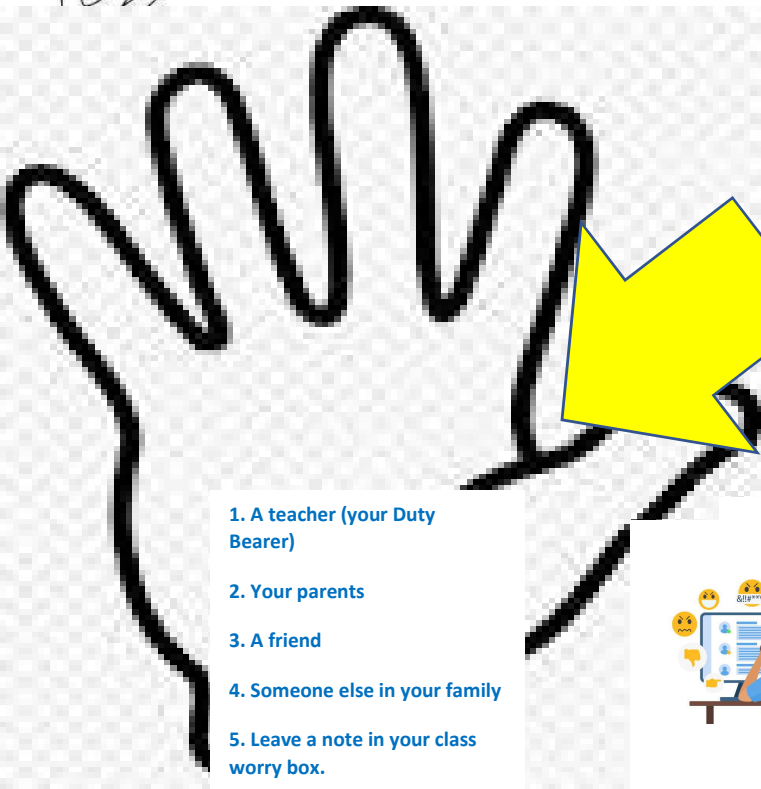
What does bullying look like?

- When someone says or does something hurtful to you over and over again. **Remember STOP!**
- When someone means to hurt or upset you.
- When you ask a bully to stop and they keep on doing it even when they can see that you are upset.
- When it is not a tease or a joke and they laugh at your differences.
- Bullying can be with words.
- Bullying can be with actions (hitting, pushing, kicking)
- Bullying can be online - Remember to tell your parents as soon as this happens at home.)

What is **not** bullying?

- When you have a fall out with a friend.
- When something was an accident.
- Something that only happens one time.

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What should I do if I feel I am being bullied?

Use your Helping Hand and talk to someone you trust. Remember, all of the adults at St Bernadette's are your Duty Bearers. We are here to help and keep you safe.

1. A teacher (your Duty Bearer)
2. Your parents
3. A friend
4. Someone else in your family
5. Leave a note in your class worry box.





What will happen if I tell a grown up that I think I am being bullied?



Tell someone you trust that you think you are being bullied (*Think of your Helping Hand*)



A grown up will sit with you and ask you to tell them everything about what has happened. This might be hard but remember that the grown up is there to help you.



If it is a disagreement with other children, your class teacher will help you and the other children resolve the situation. If the other children have really upset or hurt you there will be consequences set by your class teacher.



All of your Duty Bearers (teachers and parents) will talk about whether it could be bullying or whether it could be a disagreement with other children.



If it is found to be bullying, Mrs Williams or Mrs Heathfield will meet with the parents of the bully and set consequences.

You will also meet with Mrs Williams and your parents so that you can be made to feel happy and safe in school at all times.



All Duty Bearers in school will make sure that the situation is monitored closely and you will have a 'Safe Space' to visit if you feel threatened or upset in any way.



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