



Learn, Live, Believe

*St Bernadette's Catholic Primary School  
Ysgol Gynradd Gatholig Santes Bernadette  
We are a Christ centred community reaching out to  
others. We learn, grow and celebrate together.*

## **Weekly Newsletter**

**27th Medi 2024**

### Events coming up this half term at St Bernadette's

Date	Year Grp	Event	Time
3.10.24	w/s	RSE meeting for parents wanting information	3.15pm
4.10.24	Y3/4	Harvest Prayer Service	9.15am
11.10.24	w/s	The Wizard of Oz production. Info will be on parent mail/pay	9.15am
14.10.24	Rec/Y6	Buddy film night – Info will be on parent mail/pay	3.15-4.45
18.10.24	w/s	Show Racism the Red Card Day. Children to wear red to school	All day
19.10.24	w/s	St Bernadette's celebrating mass at St Philip Evans church	5.15pm
21.10.24	w/s	Individual – family photos	All day
22/23.10.24	w/w	Parents evening	3.30-6pm
23.10.24	Y6	Class Assembly	9.15am
25.10.24	w/s	INSET day – no children. Training day for staff	

HALF TERM Monday 28<sup>th</sup> October – Friday 1<sup>st</sup> November

Dear Parents/Carers,

On Thursday we celebrated our Welcome Mass for 2024-25 at St Bernadette's. Thank you to our families and friends who joined us. In our Mass we welcomed our new Nursery and Reception children, our two new pupils in B13, Ashton and Declan and welcomed back Miss Price our B13 teacher.



We listened to the Gospel from John, in which Jesus commands us to 'love one another'. We hope at St Bernadette's to try our best to follow Jesus' commandment and continue to ensure that we care and support for each other and those in our local and global community.

Thank you to Fr Keith, Deacon Steve, Linda Thomas (our glockenspiel teacher) and to the whole school community who enabled us to celebrate the Eucharist. It was such a beautiful Mass which enabled us all to rejoice in the wonder and awe of God's presence in our lives.



Friday the 4th October is Cafod Harvest Day and will be collecting for our local Foodbank who have asked for donations of: UHT Milk, Coffee, Sponge Puddings, Sweets & Chocolates, Condiments, Pasta, Tinned Custard, Packet Soup, Toothpaste / Toothbrushes, Shampoo & Conditioner. All donations would be very much appreciated. Can any donations please be brought to school by Thursday 3rd October.

## Asda Cashpot for Schools

Asda have announced that it is making millions of pounds available to UK primary schools by encouraging families to use its loyalty programme – Asda Rewards.

In a game changing new campaign, fronted by Joe Wicks, the supermarket is offering to donate 0.5% of the value of any shop done at Asda until 30th November 2024 to customers' primary school of choice – when they shop using Asda Rewards.



The supermarket is kicking off each school fund with £50 and offering to top up with an extra £1 for every customer that selects their school. The retailer is projecting to donate around £7.5m through the campaign.

The new initiative is a first for the loyalty market – allowing users to select their own benefactor and raise unlimited funds, simply by using their loyalty app – and with no impact on their own Cashpot earnings.

**The next time you shop at Asda please select St Bernadette's Primary School on you Asda app and you can start earning for our school straightaway!**

# What Parents & Carers Need to Know about TIKTOK

TikTok is a video-sharing social media app which lets people create, view and download looping 15-second clips. Typically, these are videos of users lip-syncing and dancing to popular songs or soundbites (often for comic purposes), enhanced with filters, effects and text. Designed with young people in mind, TikTok skyrocketed in popularity in 2019 and has featured near the top of download charts ever since. It now has around a billion users worldwide.

## AGE-INAPPROPRIATE CONTENT

Most videos appearing on a child's feed are light-hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, themes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely – and since TikTok Jump's introduction in mid-2021, users can view third-party content outside the app.

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CENSORED

## EXPLICIT SONGS

TikTok primarily revolves around videos of users lip-syncing and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and then be inclined to imitate any explicit language or suggestive actions.

W&#\*!

## TIKTOK FAME

The app has created its own celebrities: Charli D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become "TikTok famous". While most aspiring stars hoping to be 'the next big thing' will find it difficult, setbacks may in turn prompt them to go to even more drastic lengths to get noticed.



## HAZARDOUS VISIBILITY

Connecting with others is simple on TikTok – including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but – because of its abundance of teen users – TikTok has experienced problems with predators contacting young people.

## ADDICTIVE NATURE

Like all social media platforms, TikTok can be extremely addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep users intrigued about what's coming next means it's easy for a 5-minute visit to turn into a 45-minute stay.

## IN-APP SPENDING

There's an in-app option to purchase 'TikTok coins', which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 99p to an eye-watering £99 bundle. TikTok is also connected with Shopify, which allows users to buy products through the app.

## Advice for Parents & Carers

### TALK ABOUT ONLINE CONTENT

Assuming your child is above TikTok's age limit, talk to them about what they've viewed on the app. Ask their opinion on what's appropriate and what isn't. Explain why they shouldn't give out personal details or upload videos which reveal information like their school or home address. In the long run, teaching them to think critically about what they see on TikTok could help them to become social-media savvy.

### MAINTAIN PRIVACY SETTINGS

The default setting for all under 16s' accounts is 'private'. Keeping it that way is the safest solution: it means only users who your child approves can watch their videos. The 'Stitch' (which lets users splice clips from other people's videos into their own) and 'Duet' (where you build on another user's content by recording your own video alongside their original) features are now only available to over 16s. This might clash with your child's ambitions of social media stardom, but it will fortify their account against predators.

### LEARN ABOUT REPORTING AND BLOCKING

With the correct privacy settings applied, TikTok is a relatively safe space. However, in case something does slip through, make sure your child knows how to recognise and report inappropriate content and get them to come to you about anything upsetting that they've seen. TikTok allows users to report anyone breaching its guidelines, while you can also block individual users through their profile.

### ENABLE FAMILY PAIRING

'Family Pairing' lets parents and carers link their own TikTok account to their child's. Through your mobile, you can control your child's safety settings remotely – including limiting screen time, managing their ability to exchange messages (and with whom) and blocking a lot of age-inappropriate content. TikTok's Safety Centre also provides resources for parents and carers to support online safety among families. These resources can be found on their website.

### USE RESTRICTED MODE

In the app's 'Digital Wellbeing' section, you can filter out inappropriate content (specific content creators or hashtags, for instance) using 'Restricted Mode'. This can then be locked with a PIN. You should note, though, that the algorithm moderating content isn't totally dependable – so it's wise to stay aware of what your child is watching.

### MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child to manage their time on it in the 'Digital Wellbeing' section. Under 'Screen Time Management', you can limit the daily permitted time on the app (in increments ranging from 40 minutes to two hours). This preference can also be locked behind a PIN. That way, your child can get their regular dose of TikTok without wasting the whole day.

## Meet Our Expert

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



**NOS**  
National Online Safety®  
#WakeUpWednesday

SOURCES: [www.tiktok.com](http://www.tiktok.com)



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



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@nationalonlinesafety

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# Meithrin

This week in nursery we have started our outdoor learning.



We put on our wellies and coats and explored our outdoor area and the big field.

We collected leaves, flowers and feathers and put them on car for a closer look.



The leaves have begun to change colours so we collected lot's of different colours. We have also been using paint and different tools for mark making.



**Stars of the week: Aria & Azalea**

Aria has been making lot's of new friends. She has been contributing to our circle time activities and exploring the playdoh table. Azalea has been enjoying our outdoor area and exploring the small world table.

# Derbyn

Aliens have landed!  
This week Neila the friendly alien gave us a challenge. They sent us some colours and we had to try and make some new colours by using our colour mixing skills.



The children also used pictures of aliens to discuss similarities and differences. We discussed how all families are different and unique.



**Stars of the week:** Angelia - Angelia has settled well in to the Reception routine and has impressed us with her positive attitude this week. Da iawn!

# Blwyddyn 1

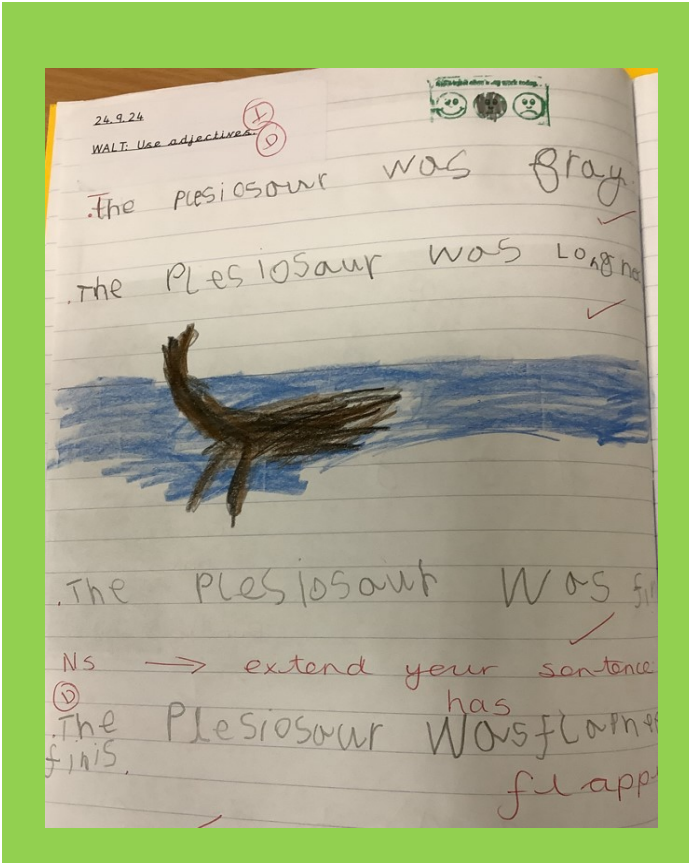
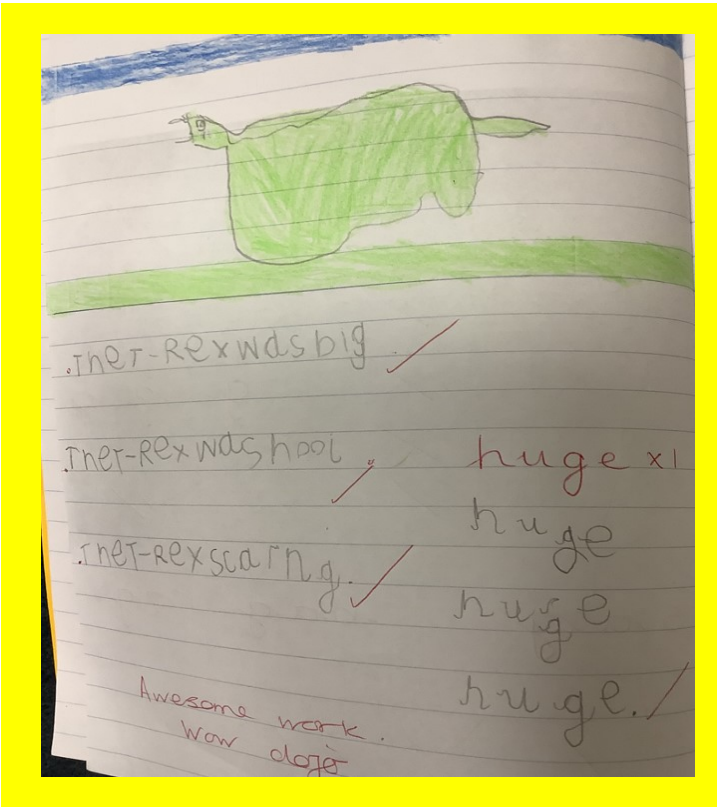
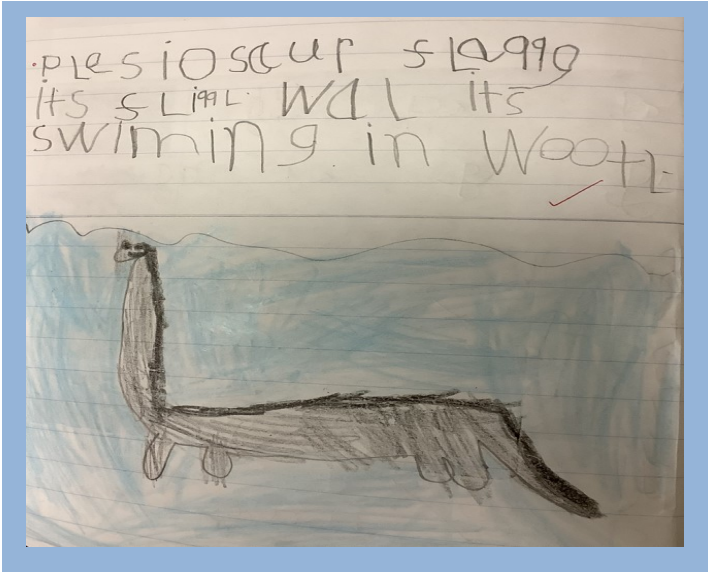
Bl 1 have been learning all about adjectives this week. We have learned that an adjective is a word that describes something. We focussed on Dinosaurs and worked together to think of some suitable adjectives, challenging ourselves to think of 'Wow' words.

"A T-Rex has sharp and pointy teeth." - Joshua

"A Stegosaurus has humongous plates on his back." - Imogen

"A T-Rex is gigantic!" - Izzy

"A Diplodocus has a long and stretchy neck." - Sylvie



**Star of the week:** Alfie - Alfie has shown great resilience this week. He was feeling slightly nervous to start off the week, especially coming into a new class with new teachers. However, he has shared his feelings with us and has overcome them. He has had a great week and has settled extremely well into Year 1 life. We are very proud of you Alfie!



## Blwyddyn 2

Bl2 have had a scented week, smelling herbs and everyday items. Smells bring strong memories and are an important sense for us to use. After identifying the herbs we planted them in our herb garden. The fun didn't stop there! Between the showers we managed to plant 30 daffodil bulbs. We can't wait for them to bloom in Spring!



**Star of the week is:** Llongyfarchiadau to Elisio. You have made such a good start to life in Year 2. Your manners are excellent, remembering to say please and thank you and speaking to adults and peers with respect. You're a star, Elisio!

## Blwyddyn 3

In literacy, we have started to look at the key features of a diary entry. Using actions and key words, we have created our very own song to help remind us of these features. We explored linking words and past tense. Using a key, we collaborated together to identify the features in our David Attenborough diary entry.

We built upon our music lesson from last week and discussed the tempo and dynamics. Together, we explored and applied our new learnt knowledge to Disney songs.



Arlo "I liked the song, move it, move it!".

Oakley- " I enjoyed listening to the music".

Emma- "It was fun".

Lola- "I loved the Disney songs".

Mia- "The music was fast".

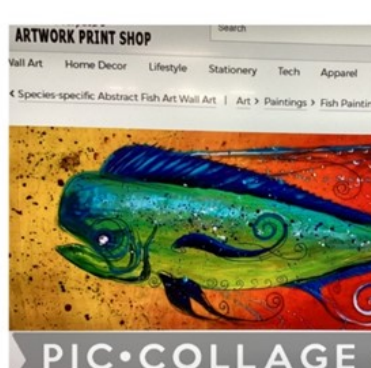
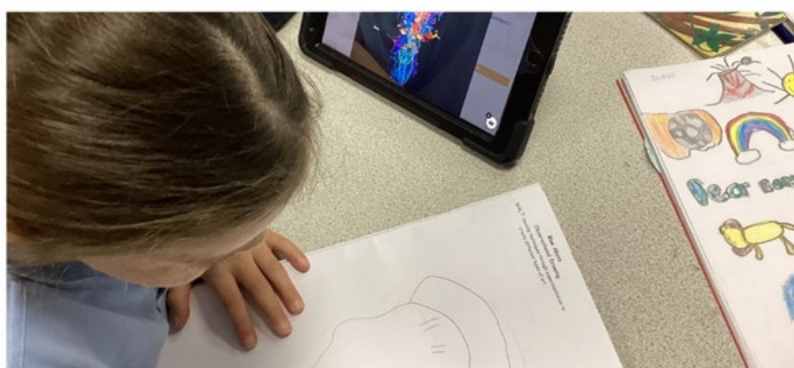
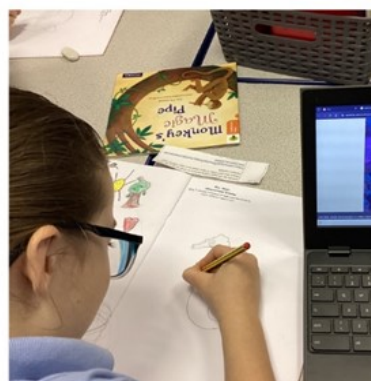
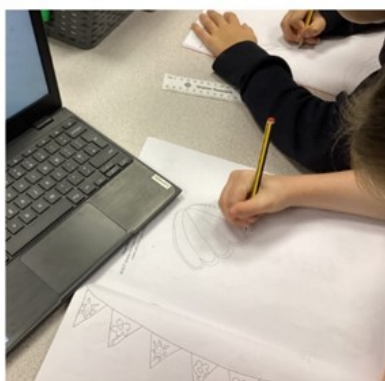
Dylan- "The music was soft".



Seren yr Wythnos: This week in B13 our star of the week is Rio. Rio has worked exceptionally well in mathematics this week, using his place value knowledge to solve problems. Da iawn. Keep it up!

## Blwyddyn 4

Blue abyss expressive arts project. We looked at paintings by the American artist J Vincent Scrpase about sea creatures. Next, we explored sculptures and discussed how they had been created and what materials they had used. Finally, we used iPads to research our own sea creature to create pencil drawings using observational skills.



**Seren yr Wythnos in Blwyddyn 4 this week : Corben**

Corben always enters the classroom with a positive attitude and give 100% in all areas of his learning. Corben is a role model to his peers with his never give up attitude in school. Da iawn Corben, keep it up!

## Blwyddyn 5

This week a group of 10 Blwyddyn 5 children had the wonderful opportunity to visit one of our local care homes Llys Herbert Care Home to take part in National Art in care homes day. Whilst there the children completed art projects and drawings with the residents as they chatted and compared stories.



As you can see the children had a fantastic time and we can't wait for the next group's session. We wonder what we will be doing next.

"It was really fun meeting everyone and we found out lots of residents were teachers when they were younger and there was even someone who used to be an artist" Arayah-Hope

"When we went to the care home the people were really kind and they told us lots of facts and stories about themselves. There was a lady who was a face painter and an artist" Ella

"I really enjoyed drawing the cats with the residents because they loved to draw things step by step so we could learn together even though we were different in age" Warren

All of the care home residents complimented the children on their behaviour and manners, and thanked them for their time. Da iawn children we are very proud of you.



**Seren yr wythnos this week is:** Spencer who has blown us away with his bravery and courage during his oracy task 'Dyma Fi'. Not only that, but Spencer has also displayed a consistent hard working and enthusiastic attitude. Da iawn Spencer!

# Blwyddyn 6

## StreetWise

This week B16 took part in an invaluable scheme, aimed at promoting road safety and walking to and from school using safe routes. The Street Wise team delivered a workshop to all of the pupils, then in small groups they explored the safe routes to walk in the local area to school.



**Star of the week:** Tiana Jones for being our Star of the Week! Tiana, you are always there to help others, you take care of our classroom and everyone around you. Thank you for living out our pupil virtues. Da iawn!



# Seren Yr Wythnos

Nursery - Aria & Azalea

Reception– Angelia

Year 1– Alfie

Year 2– Elisio

Year 3– Rio

Year 4– Corben

Year 5– Spencer

Year 6 - Tiana



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museum.wales

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DEINOS

MUSEUM  
SLEEPOVER:  
DINOS



Noson  
bythgofiadwy  
yn yr amgueddfa!  
A night at the  
museum you  
won't forget!



Sganiwch y côd  
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Scan QR code to  
grab your tickets

Tachwedd 16-17 November 2024  
Mawrth 8-9 March 2025



Amgueddfa Genedlaethol Caerdydd  
National Museum Cardiff





# FIRST KICK HOLIDAY CLUB



Glantaf School,  
Bridge Road, Cardiff CF14 2JL

## MONDAY 28<sup>th</sup> OCT - FRIDAY 1<sup>st</sup> NOV

### FOOTBALL CAMP

Football Development Sessions  
Penalty Shootouts & Tournaments  
NERF Wars  
Bouncy Castles & Fifa Tournaments

### MULTI-SPORT CAMP

Dodgeball  
Cricket  
Sports Day  
Dance & Gymnastics  
Hockey  
Netball  
& many more...

## BOOK THE FULL WEEK FOR JUST £80!

We are pleased to announce that we are offering our October Holiday club for just £80 for the full week. Single day prices are also available at £18 and any three days in the same week are just £50.

**DROP OFF**  
8:00am - 9:30am  
**PICK UP**  
4:00pm - 5:00pm

1 day - £18  
2 days - £36  
3 days - £50  
4 days - £68  
Full week - £80  
10% sibling discount

**LIMITED PLACES  
AVAILABLE. PLEASE  
BOOK ASAP TO AVOID  
DISAPPOINTMENT**



View more on our social media:

Facebook: First Kick Football  
Instagram: firstkickfootball\_



Each day medals and trophies are awarded for good teamwork, best attitude, hard work and star player.

**Additional Activities:** Bouncy Castles, Slides, Dodgeball, Football, Penalty Shootouts, Mini Tournaments, Jenga, XBOX FIFA, WII MARIO KART, Badminton, Toys, Lego, Hockey, Netball, Rugby, Basketball, Parachute Games, Hula Hoops, Multi-Skills Activities, Sports Day, Colouring, Street Dance and Rainy Day Activities.

### To Book Please Call

### 0161 302 2510 or 07514 316 534

We cannot be held responsible for loss or damage to property or clothing.  
Please note we have a strict no refund policy once a place has been booked.

