St Bernadette's Catholic Primary School
Ysgol Gynradd Gatholig Santes Bernadette
We are a Christ centred community reaching out to others. We learn, grow and celebrate together.

Weekly Newsletter

11eg Medi 2026



Wonderful First Full Week

It has been wonderful to see St Bernadette's filled with the smiles, laughter and excitement of our children as we begin our new school year together.

This has been the children's first full week and we are delighted with how well they have settled. Classrooms have been full of learning, fun, curiosity and enthusiasm, and it has been lovely to see our children reconnect with friends, welcome new faces and begin to develop those important routines that help our school community to flourish.

During our Collective Worship this week, we reflected together on Jesus' words from Matthew's Gospel:

"For where two or three are gathered in my name, there am I with them."

These words have felt particularly relevant as we have looked around our school this week. We have seen them lived out in so many ways ; children learning together, helping one another, showing kindness, sharing ideas, praying together and supporting each other.

Our Pupil Profile virtues this term are **Faith-filled and Hopeful**, and already we are seeing these virtues shine through in the words and actions of our children.

Thank you to our children for such a positive start, and to our families for your continued support and encouragement. It has been a joy to begin the year together.

Spring First Holy Communion sessions:



The next First Holy Communion sessions will be taking place after Christmas for all pupils entering year 3 in the 2026/2027 school year and any older children who still wish to take their first Communion.

Sessions will run on Tuesdays at 6pm and Saturdays at 4:15pm at St. Philip Evans Church and typically last between 30-45 minutes.

Sessions begin on Tuesday 5th January and Saturday 9th January for 5 weeks. Children will need to attend mass every weekend during the duration of the course.

First Holy Communion will be given at masses over two weekends, the 13th/14th February and the 20th/21st of February. Please note that to avoid overcrowding these masses, numbers will be limited - please indicate your preferred mass when applying. Places will be allocate don a first come, first served basis.

Contact Teresa (parish secretary) for a form to enrol your child, or if you have any further questions on: 02920 731061.

CAFOD
Catholic Agency for Overseas Development

Come as You Are Day: Celebrating What Makes Us Unique: FRIDAY 18th SEPTEMBER

As part of our fundraising efforts for both school funds and CAFOD, we will be holding a special **"Come as You Are" Day**. Children are invited to come dressed in something that makes them happy and reflects who they are. From football kits and dance outfits to favourite colours, hobbies, cultural dress, and costumes representing special interests we want to celebrate what makes us unique. It is a wonderful reminder that God created each of us differently and that our individuality is something to be cherished. Through sharing a little of ourselves with others, the children will demonstrate confidence, respect, and appreciation for our sense of cenefin, belonging, along with our diverse gifts and talents within our school community.

Please bring £2 cash, on FRIDAY 18th September to support both our school music projects and CAFOD's vital work with communities around the world.

Meithrin

Welcome to Our Nursery!



We are so excited to welcome our new friends to the nursery! Everyone has settled in so beautifully and is beginning to make lots of lovely new friendships.

We have been learning to say a happy goodbye to our grown-ups when they leave us, and we are becoming more confident and independent every day.

We have been having lots of fun getting to know each other, playing together and making new friends. We are also learning to sit together for our circle time and enjoy all the fun activities in nursery.

We are so proud of how well everyone is settling in and look forward to lots more fun, learning and happy memories together!





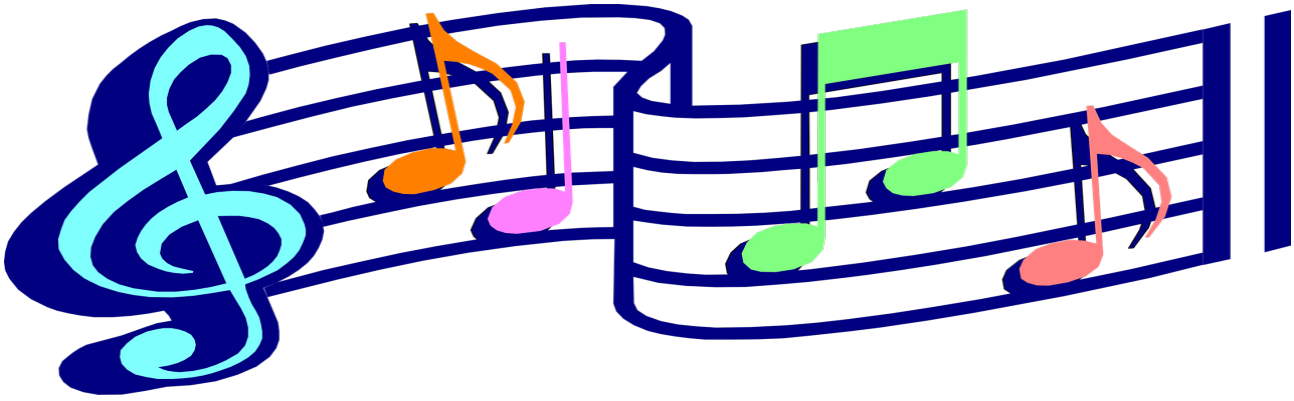




Stars of the week:

It was just too difficult to choose only one Star of the Week because everyone has been doing such a fantastic job!

So, this week, **we are ALL stars!** We are so proud of everyone for being kind, making new friends, joining in with activities and trying their very best. Well done, everyone!



'Music is the universal language of mankind. Where words fail, music speaks.'

There are so many benefits to learning an instrument, here are just a few:

- **Strengthens bonds with others. ...**
- **Strengthens memory and reading skills. ...**
- **Playing music makes you happy. ...**
- **Musicians can process multiple things at once. ...**
- **Music increases blood flow in your brain. ...**
- **Music helps the brain recover. ...**
- **Music reduces stress and depression.**

<u>Cardiff And Vale Music Education</u>

If you would like your child to receive lessons on an instrument or join the starters orchestra at St Bernadette's 4:00 - 5:00 every Monday, please use the following website: www.cfmusic.co.uk

If you have any questions about music lessons please don't hesitate to contact us at school.

Derbyn

This week in Reception, we have been learning about how everyone is special. We reminded ourselves about Luc the Deer, who helps us to remember that every person is unique and precious.

We talked about how God made each one of us and that we are all special in our own way. The children thought about the things that make them unique, including their likes, talents, families and personalities. We reflected on how God loves every one of us and cares for us all.



We enjoyed sharing our ideas about what makes us special and unique, and we remembered that God loves each and every one of us.

Caleb - "Luc is nice "

Griff - "everyone is special"

Sofia -" God made me! I am beautiful!"

Marley - "Everyone is special because we are all different"









Stars of the week: All of Reception!

A huge congratulations to every child in Reception for being our Star of the Week. We are so proud of how well the children have settled into school life since starting last week. They have shown a fantastic attitude to learning, have been trying their best in everything they do, and have impressed us all with their enthusiasm, kindness and confidence. Well done, Reception. Keep up the amazing work!

Blwydynn 1

This week in Year 1, we have been working on creating our **Class Charter**. We spent time discussing our school rules and thinking about how we can follow them every day by showing **respect for one another, respect for our environment, and respect for ourselves**.



As a class, we talked about what makes our classroom a safe, happy, and welcoming place for everyone. We decided to create a special **Promise Tree** to help us remember our commitment to one another. Each child thought carefully about a promise they could make to help our classroom community thrive. They wrote their promises on leaves, and together we combined them to create a beautiful Promise Tree that is proudly displayed in our classroom.

"I promise to listen to my teachers." – Leo

"I promise to help my friends when they fall over." – Esme

"I promise to tidy up my classroom." – Delilah

"I promise to have kind hands and kind words." – Aria

"I promise to put my rubbish in the bin." - Nancy



We also explored the idea that every child has the **right to feel safe at school**. The children shared thoughtful ideas about how their actions can help others feel safe, happy, respected, and included. We were very impressed with their kindness and understanding as they reflected on the importance of caring for one another.



Seren Yr Wythnos: Elodie-Rose: Congratulations to Elodie-Rose for being our Star of the Week! She has had a fantastic start to Year 1 and has been a wonderful helper in the classroom. Elodie-Rose is always willing to lend a hand, whether it is tidying up or helping her classmates when they need support. Her kindness, responsibility, and positive attitude make her a great role model for others. Keep up the amazing work, Elodie-Rose! We are very proud of you.

Blwyddyn 2



We have had a wonderful start to the new school year in Year 2. The children have settled in brilliantly and have already been working very hard. It has been lovely to see their enthusiasm and positive attitude towards learning.

As a class, we created our Class Charter and agreed upon our class rules. Each child showed their commitment by decorating a star and signing their name, demonstrating our shared responsibility to create a happy, respectful and supportive learning environment.

This term has been especially exciting as Year 2 pupils have had the opportunity to take part in the school Senedd groups. The children have been busy writing and preparing speeches before voting for one another. We are very proud of the confidence, respect and democracy they have shown throughout the process.

We have also been designing logos for our class, thinking carefully about the values, interests and qualities that are important to us. The children enjoyed being creative and sharing their ideas, and the finished designs reflect what makes our Year 2 class.

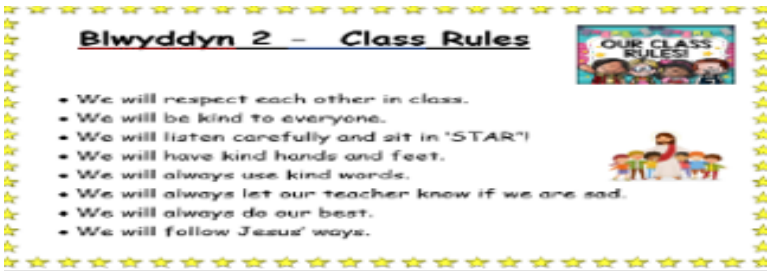








We look forward to another exciting term of learning, growing and living out our school values together





Seren yr Wythnos: **Congratulations to Mila, our Seren yr Wythnos! Mila has made an amazing start to the school year. She is a wonderful friend to others, always kind and caring and approaching her work with great enthusiasm. We are so proud of her positive attitude and the effort she puts into everything she does. Keep up the fantastic work Mila!**

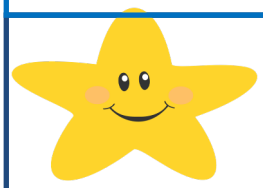
Blwyddyn 3

What a fantastic first week we have had in Year 3!
This week, we have been settling into our new classroom. We have spent time getting to know one another, exploring our new learning environment and thinking about what it means to be part of our Year 3 class.

We have been learning about and discussing our Class Charter, with a particular focus on the importance of respect, kindness and friendship. We talked about how we can show respect to ourselves, each other and our school community. We have also enjoyed getting creative by designing our very own Year 3 class logos! We thought carefully about what being in Year 3 means to us and how we could use pictures, symbols and colours to represent our class.



We have been inspired by the Little People, Big dreams books. We explored the stories of inspirational people and discussed the dreams and ambitions we have for our own futures. Together, we created our very own Little People, Big dreams books, sharing our hopes, dreams and aspirations with one another.



Stars of the week: This week, our Stars of the Week are Nyra and Enzo!
They have shown real confidence and bravery when standing up in front of others to share their own All About Me information. They also demonstrated fantastic courage by putting themselves forward and applying for our committee groups. We are incredibly proud of you both. Keep it up!

Blwydynn 4

Welcome back to Year 4.

It has been wonderful welcoming our Year 4 children back to school and starting our new school year together! We have been revisiting our school rules, respect and expectations, and talking about how we can work together to create a happy, safe and welcoming classroom where everyone feels valued and ready to learn.

We have also been getting creative and designing our own Year 4 class logos for 2026/27. Our logos represent our class identity, our sense of belonging and what makes us special as a team. Most importantly, we wanted them to show that everyone is welcome in our Year 4 classroom. We are looking forward to a fantastic year of learning, growing and making memories together!



Star of the Week: Harper. Our star of the week is a new member of our school who has settled into school life so wonderfully already. From the moment she joined us, she has shown such a positive attitude, kindness and enthusiasm for learning. She is already showing us what a fantastic learner she is going to be and has made a brilliant start in our Year 4 class.

Blwyddyn 5



What a start to Year 5 we have had. 100% effort, enthusiasm and attendance! Da iawn bawb.

We had our first Kinetic session as part of our Health and Wellbeing morning for this half term and it was a pleasure to witness each and every child immerse themselves completely into the games, tasks and challenges. We already cannot wait for next week's session.









Star of the week: Seren yr wythnos this week is Joel who has shown outstanding hard work and determination in everything he has done. He approaches every challenge with a smile, a positive attitude, and a willingness to keep trying, even when things are difficult. I am so proud of the example he has set to start the year. Da iawn Joel!

Blwyddyn 6

We are delighted to welcome our new Bl6 class of learners back to school! We know that you are going to be enthusiastic and engaged, we have loved discussing our new learning topics this week and gathering your ideas. This week we have also worked hard on our Senedd presentations. We have valued your presentations and taking part in the elections.



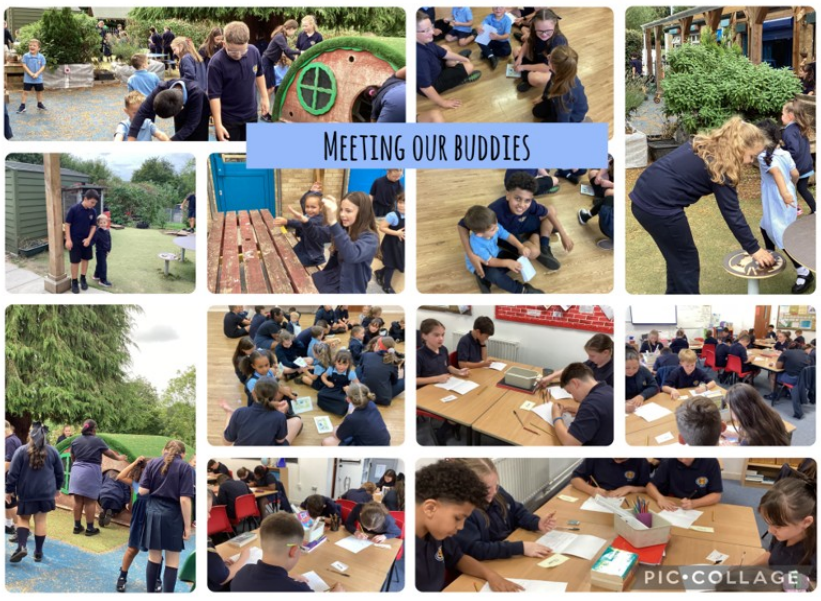
Meeting our Buddies

On Friday the pupils met their Reception buddies. We created welcome cards and spent time with our new buddies in the garden.

Emma - “I enjoyed just meeting and playing with the children.”

Gracie - “I enjoyed meeting my buddy for the first time. I am looking forward to finding out about what they are learning. I will have to be respectful and patient.”

Corben -"I enjoyed playing in the sand pit with my buddy.”



Seren yr Wythnos in blwyddyn 6

Llongyfarchiadau to all of our Bl6 learners this week. You’ve all looked incredibly smart in your uniforms. You have all contributed your ideas to help create our class motto. Gwaith da!



Seren Yr Ythnos

Nursery - All of Nursery

Reception – All of Reception

Year 1 – Elodie-Rose

Year 2 – Mila

Year 3 – Nyra & Enzo

Year 4 – Harper

Year 5 – Joel

Year 6— All of Year 6






LLANISHEN RFC
EST. 1971
LLANISHEN RFC
UNDER 9s
(YEAR 4)
TEAMWORK
RESPECT
ENJOYMENT
PROGRESSION
NEW PLAYERS WELCOME!
BE PART OF OUR RUGBY FAMILY
HERITAGE HEALTHCARE
PLAY
LEARN
MAKE FRIENDS
BUILD CONFIDENCE
TRAINING
FRIDAYS
5:00PM – 6:00PM
GAMES
SUNDAYS
CONTACT ADAM
07557 531916

sports Xtra

PLAY
LEARN
DEVELOP
BELONG



WEEKLY FOOTBALL SESSIONS

BOYS & GIRLS • ALL ABILITIES

FRIDAY NIGHTS

SXFC FOOTBALL DEVELOPMENT
YEAR 1–YEAR 9
Extra training alongside your club.

LLANISHEN HIGH SCHOOL 3G
5:00PM–6:00PM

SATURDAY MORNINGS | CARDIFF HIGH SCHOOL

FOOTBALL TOTS
AGES 2–3
9:00AM – 10:00AM

MINI DRAGONS
AGES 4–7
10:00AM – 11:00AM

JUNIOR DRAGONS
AGES 7–11
9:30AM – 11:00AM

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BOOK YOUR PLACE — SPACES ARE LIMITED

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